



# PHYSICAL EXAMINATION

(Physical and Visual Exam Required Annually)

**DATE:** \_\_\_\_\_

<b>NAME:</b>	_____	<b>DATE OF BIRTH:</b>	_____
<b>ADDRESS:</b>	_____	<b>TELEPHONE #:</b>	_____

**DIAGNOSIS:** Does the Physician confirm the diagnosis of Intellectual Disability &/or Autism and recommend an ICF/ID or ICF/ORC level of care for this individual?      YES      or      NO      (please circle)

<b>PAST MEDICAL HISTORY :</b>	<b>PRESENT MEDICAL HISTORY :</b> (all occurring at the moment)

**MEDICAL TREATMENT PERTINENT TO DIAGNOSIS? (Include treatment in case of emergency)**

**ALLERGIES:**

<b>SPECIAL INSTRUCTIONS FOR INDIVIDUALS DIET:</b>	<b>LIMIT/RESTRICTIONS FOR INDIVIDUALS ACTIVITIES:</b>

**CURRENT MEDICATIONS AND DOSAGE:**

**CONTRAINDICATED MEDICATIONS AND REASON:** (medications that are not to be taken and why)

**ASSESSMENT OF NECESSARY BLOODWORK INTERVALS:**

**ASSESSMENT OF INDIVIDUALS HEALTH MAINTENANCE NEEDS:** (i.e. exercise/weight control, hygiene practices)

<b>HEIGHT:</b>	_____	<b>PULSE:</b>	_____	<b>TEMP:</b>	_____
<b>WEIGHT:</b>	_____	<b>RESP:</b>	_____	<b>BP:</b>	_____

<b>VISION:</b>	<b>DATE:</b>	<b>HEARING:</b>	<b>DATE:</b>
NORMAL	_____	NORMAL	_____
ABNORMAL	_____	ABNORMAL	_____

MEDICAL	DATE	NORMAL	ABNORMAL	DESCRIBE ABNORMALITY
Skin				
Eyes				
Ears/Nose				
Mouth/Throat				
Neck/Glands				
Lungs				
Cardiovascular				
Abdomen				
Genitalia/Breast				
Anal/Rectal				
Extremities				

# GYNECOLOGICAL EXAMINATION

(Gynecological, Breast & Pap test are required annually for women over 18 years of age, unless otherwise specified by the physician)

	DATE	NORMAL	ABNORMAL	FINDINGS
PAP TEST				
BREAST EXAM				
GYN EXAM				

**MAMMOGRAM** DATE: \_\_\_\_\_

(Required every 2 years for women ages 40 to 49 and yearly for women age 50 and older)

	NORMAL	ABNORMAL	FINDINGS
MAMMOGRAM			

**PROSTATE EXAMINATION** DATE: \_\_\_\_\_

(required annually for men 40 yrs. Of age & older)

	NORMAL	ABNORMAL	FINDINGS
PROSTATE			

**MANTOUX**

TEST DATE: \_\_\_\_\_ NOT \_\_\_\_\_

READ DATE: \_\_\_\_\_ INDICATED: \_\_\_\_\_  
Please mark if not performed during annual physical

Positive  Negative

CHEST X-RAY: (positive mantoux: once only) DATE OF X-RAY: \_\_\_\_\_

**Tdap** (required every 10 years)

Previous: \_\_\_\_\_

Current: \_\_\_\_\_

**HEPATITIS B SCREENING** DATE: \_\_\_\_\_

HBsAG  Positive  Negative Carrier  Yes  No

Anti-HBs  Positive  Negative

Anti-HBc  Positive  Negative

**HEPATITIS B INNOCULATION DATES**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**COMPLETE THIS SECTION FOR INDIVIDUALS 17 YEARS OF AGE OR YOUNGER**

	Age	Date	DPT	AGE	Date	TOPV	DATE
Measles Vac			Diphtheria	2 mos		Trivalent	
Mumps Vac			Pertussis	4 mos		Oral	
Rubella Vac			Tetanus	6 mos		Polio	
				Booster		Virus	
				Booster		Vaccine	

**CONTRAINDICATED IMMUNIZATIONS:** (immunizations that are not to be administered and why)

\_\_\_\_\_

**FREE FROM COMMUNICABLE DISEASES** IF NO, LIST SPECIFIC PRECAUTIONS TO PREVENT TRANSMISSION

YES  NO

**PLEASE LIST ANY RECOMMENDATIONS FOR FURTHER MEDICAL TEST OR EXAMINATIONS**

\_\_\_\_\_

Physician Signature	Date	Printed Name of Physician
Physician Address		Telephone number