



# PHYSICAL EXAMINATION

(Physical and Visual Exam Required Annually)

DATE:

<b>NAME:</b>	<input type="text"/>	<b>DATE OF BIRTH:</b>	<input type="text"/>	<b>AGE:</b>	<input type="text"/>
<b>ADDRESS:</b>	<input type="text"/>		<b>TELEPHONE #:</b>	<input type="text"/>	

**DIAGNOSIS:** Does the Physician confirm the diagnosis of Intellectual Disability and recommend an ICF/ID level of care for this individual? YES or NO (please circle)

<b>PAST MEDICAL HISTORY :</b> (include operations or serious injuries & dates; hospitalizations & dates; menstrual history for women)	<b>PRESENT MEDICAL HISTORY :</b> (all occurring at the moment)
<input type="text"/>	<input type="text"/>

**ALLERGIES:**

<b>SPECIAL INSTRUCTIONS FOR INDIVIDUALS DIET:</b>	<b>LIMIT/RESTRICTIONS FOR INDIVIDUALS ACTIVITIES:</b>
<input type="text"/>	<input type="text"/>

**CURRENT MEDICATIONS AND DOSAGE:**

**CONTRAINDICATED MEDICATIONS AND REASON:** (medications that are not to be taken and why)

**ASSESSMENT OF NECESSARY BLOODWORK INTERVALS:**

**ASSESSMENT OF INDIVIDUALS HEALTH MAINTENANCE NEEDS:** (i.e. exercise/weight control, hygiene practices)

<b>HEIGHT:</b>	<input type="text"/>	<b>PULSE:</b>	<input type="text"/>	<b>TEMP:</b>	<input type="text"/>
<b>WEIGHT:</b>	<input type="text"/>	<b>RESP:</b>	<input type="text"/>	<b>BP:</b>	<input type="text"/>

<b>VISION:</b>	<input type="text"/>	<b>DATE:</b>	<input type="text"/>	<b>HEARING:</b>	<input type="text"/>	<b>DATE:</b>	<input type="text"/>
NORMAL	<input type="checkbox"/>	ABNORMAL	<input type="checkbox"/>	NORMAL	<input type="checkbox"/>	ABNORMAL	<input type="checkbox"/>

MEDICAL	DATE	NORMAL	ABNORMAL	DESCRIBE ABNORMALITY
Skin	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Eyes	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Ears/Nose	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Mouth/Throat	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Neck/Glands	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Lungs	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Cardiovascular	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Abdomen	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Genitalia/Breast	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Anal/Rectal	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Extremities	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>

## GYNECOLOGICAL EXAMINATION

(Gynecological, Breast & Pap test are required annually for women over 18 years of age, unless otherwise specified by the physician)

	DATE	NORMAL	ABNORMAL	FINDINGS
PAP TEST				
BREAST EXAM				
GYN EXAM				

**MAMMOGRAM** DATE: \_\_\_\_\_  
 (Required every 2 years for women ages 40 to 49 and yearly for women age 50 and older)

	NORMAL	ABNORMAL	FINDINGS
MAMMOGRAM			

**PROSTATE EXAMINATION** DATE: \_\_\_\_\_  
 (required annually for men 40 yrs. Of age & older)

	NORMAL	ABNORMAL	FINDINGS
PROSTATE			

**MANTOUX** (required every two years, line test is not acceptable) **Tdap** (required every 10 years)

TEST DATE: \_\_\_\_\_ PREVIOUS: \_\_\_\_\_  
 LOT # \_\_\_\_\_ PLACED: \_\_\_\_\_  
 READ DATE: \_\_\_\_\_  
 Positive  Negative  
 CHEST X-RAY: (positive mantoux: once only) DATE OF X-RAY: \_\_\_\_\_  
 Previous: \_\_\_\_\_  
 Current: \_\_\_\_\_

**HEPATITIS B SCREENING** DATE: \_\_\_\_\_

HBsAG  Positive  Negative Carrier  Yes  No  
 Anti-HBs  Positive  Negative  
 Anti-HBc  Positive  Negative

**HEPATITIS B INOCULATION DATES**  
 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_

**COMPLETE THIS SECTION FOR INDIVIDUALS 17 YEARS OF AGE OR YOUNGER**

	Age	Date	DPT	AGE	Date	TOPV	DATE
Measles Vac			Diphtheria	2 mos		Trivalent	
Mumps Vac			Pertussis	4 mos		Oral	
Rubella Vac			Tetanus	6 mos		Polio	
				Booster		Virus	
				Booster		Vaccine	

**CONTRAINDICATED IMMUNIZATIONS:** (immunizations that are not to be administered and why)

**FREE FROM COMMUNICABLE DISEASES** IF NO, LIST SPECIFIC PRECAUTIONS TO PREVENT TRANSMISSION

YES  NO

**PLEASE LIST ANY RECOMMENDATIONS FOR FURTHER MEDICAL TEST OR EXAMINATIONS**

Physician Signature	Date	Printed Name of Physician
Physician Address	Telephone number	